



Dolmen of Pombais

> Place of Interest

DOLMEN OF POMBAIS

Megalithic monument, the dating of which places it in the transition from the Neolithic to the Chalcolithic (Copper Age), was built with granite slabs that form an irregular polygonal chamber with a delineated rectangular entrance, facing north. Originally composed of seven pillars, the Dolmen of Pombais has only five today, gently sloping into the chamber and sustaining the covering slab. Intervention works in the recent past greatly deformed the morphology and structure of this ancient tomb, which in the last century served as storage for agricultural materials as well as a shelter for shepherds and cattle. It has been a National Monument since 1910.

PR2
CVD

WALKING PATH OF TORRINHA



PATH NETWORK IN NATURE

> Highlights

NATURE: path that is highly significant for its flora in the areas of Pyrenean oak forests, where the Solomon's seal (*Polygonatum odoratum*) stands out.

HERITAGE: Castle of Castelo de Vide; Fort of S. Roque; Parish Church of Santa Maria da Devesa; Jewish quarter; Synagogue.

HANDICRAFT: embroideries; *talegos* (bags embroidered with linen); art of working wrought iron, wood, cork and horn (miniatures); tiles; weaving.

GASTRONOMY: *sarapatel*; *cachafrito*; *molinhos* in tomato sauce; *alhada* of dogfish; liver, Castelo de Vide style; *pezinhos* of coriander; sausages. Sweets (*boleima*, *broas* of honey, *enxovalhada* – an Easter tradition -, cottage cheese cheesecake).

> Recommended season

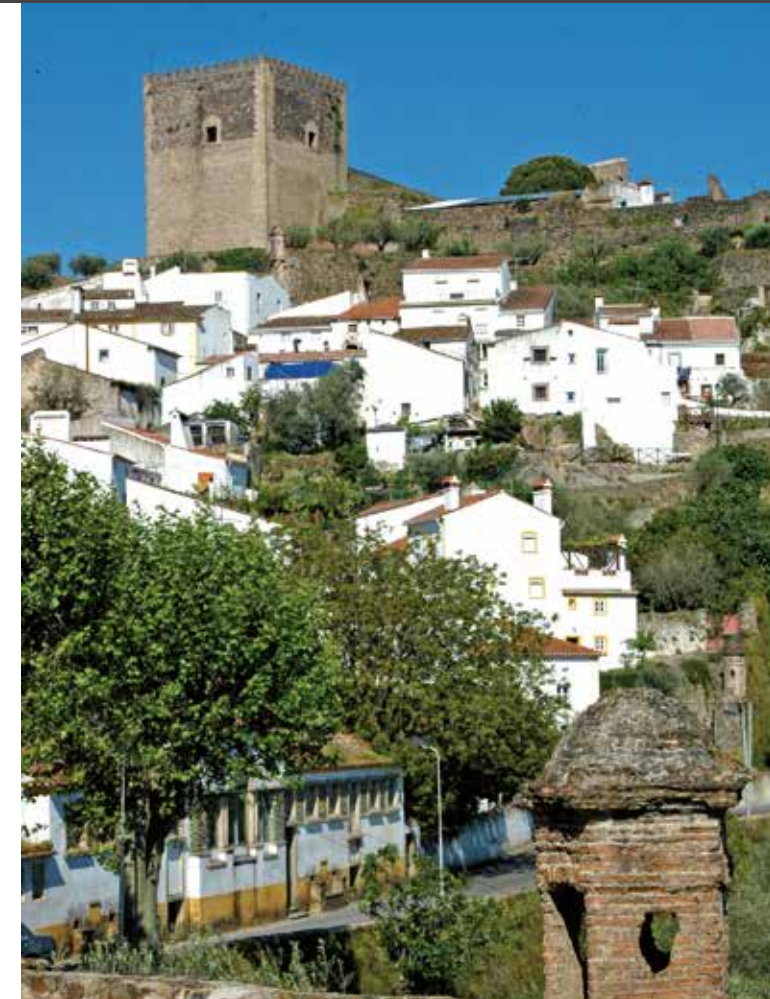
This walking path can be done throughout the year. Nevertheless, users must be aware of high temperatures during summer time and some slippery points during winter and rainy days.

> Walking code

Follow sign-posted trails only. / Respect private property. / Avoid making unnecessary noise. / Do not disturb the animals. / Do not collect or damage plants or rocks. / Do not litter and leave no trace of your visit. / Do not light fire and do not throw cigarettes on the ground. / Be kind to local people. / Beware of cattle. Although gentle, they do not like strangers approaching their young. / Leave the gates as you found them. If they are closed, be sure they remain well shut.

> Useful contacts

Town Hall of Castelo de Vide: +351 245 908 220
 Municipal Tourist Office: +351 245 908 227
 SOS Emergency: 112
 SOS Forest: 117
 Medical Center: +351 245 900 160
 Anti-Poisoning Information: +351 217 950 143
 GNR (Republican National Guard): +351 245 901 314
 Fire Department: +351 245 901 444
 Village Hall of São João Baptista: +351 245 900 060
 Village Hall of Santa Maria da Devesa: +351 245 900 060
 Village Hall of São Tiago Maior: +351 245 900 060



> Trail signage

®FCMP

right way



wrong way



turn left



turn right



coincident path
GR with PR



Promotor:



Walking path registered
and approved by:



Partner institution:



Co-financing:



> Walking path description



Paths with stone walls surrounded by oak trees. The stones removed from the farmlands served to sustain the land and mark the property lines.

From the point of departure and arrival, next to the building of the old thermal springs of Castelo de Vide, one can see almost all the granite area where the pathway leads. From here, we foresee a big descent and a big climb. The downward section follows paths and roads flanked by stacked stone walls, beyond which the lands are densely wooded. We will cross the Cáceres Branch of the Eastern Railway Line for the first of four times, after which we can choose an alternative path that will take us towards the Dolmen of Pombais. Before we cross the line for the third time we will have to our side the Dolmen of Pincho. We will then take a little-used municipal road, which we will soon abandon in order to walk along ancient footpaths flanked by stone walls. We come out at the Church of Bom Jesus, the start of the northeast slope of the hill where the village of Castelo de Vide is set. We reach the by-pass highway, but soon afterwards, a steeper section of the path appears to us as the ultimate challenge for a final attack to conquer the Plaza Alta.



type of path

12.3^{Km}

distance

4.30^H

time

uphill
235^m

altitude variation

III
moderate



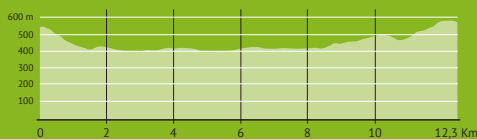
grading

587^m



405^m

altitude max/min



gradient profile

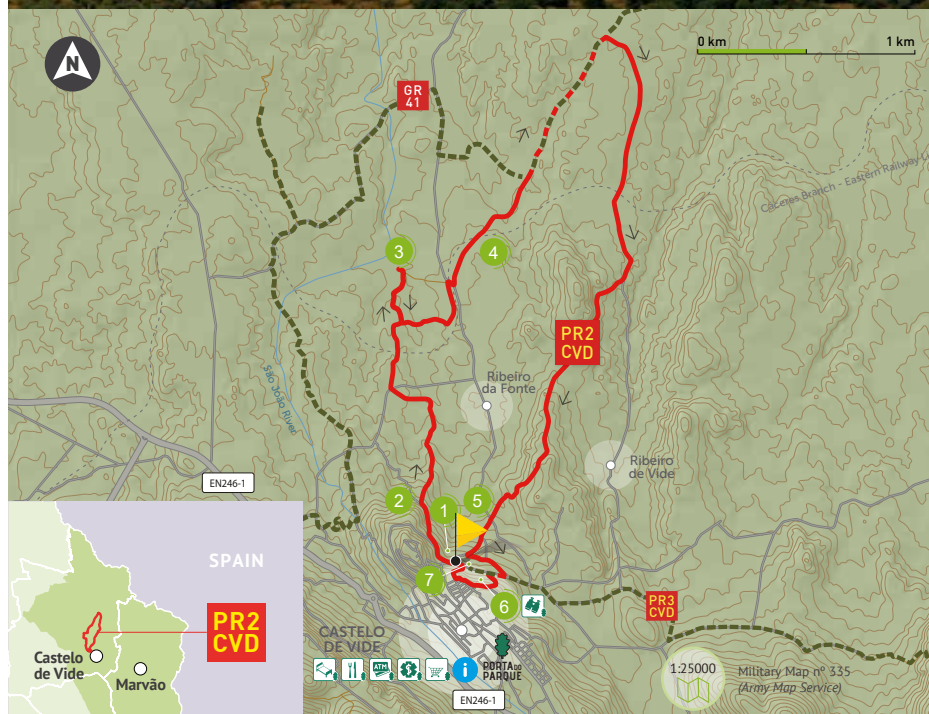


The difficulty level is determined according to 4 different factors, each of which is assessed on a scale of 1 to 5 (from easiest to most difficult)

difficulty level



Castelo de Vide - panoramic view



> Places of Interest:

- 1 Old hot baths of thermal springs
- 2 Areia Fountain
- 3 Dolmen of Pombais
- 4 Dolmen of Pincho
- 5 Church of Bom Jesus
- 6 Plaza Alta
- 7 Arch of Santa Catarina



Serra de São Mamede Nature Park

The Serra de São Mamede, which gives name to this Nature Park, is the largest mountainous formation south of the Tagus River. Due to its geographical location and the fact that it rises above 1000m, it has distinctive microclimate aspects that have allowed the establishment and survival of some animal and vegetal communities that occur here in an almost isolated manner. The Bonelli's eagle is represented in the symbol of this Protected Area. It is currently one of the rarest birds of prey found in our country.

Caption
 Walking path
 Asphalt road
 Watercourse
 Path intersection
 Recommended direction of the walking path: clockwise

Starting/Ending: Estrada da Circunvalação, near the viewpoint, Castelo de Vide (GPS: 39°25'02, 03"N; 7°27'15, 54"W)
 Walking path reception centre - GPS: 39°24'59, 39" N; 07°27'18, 75" W

Accommodation Restaurant ATM Landscape
 Pharmacy Market Tourist office Information on site

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